

## **Home Gardening and Food Security Status of HIV/AIDS Affected Households in Mpophomeni, KwaZulu-Natal Province, South Africa**

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**ABSTRACT** Home gardening is one activity being used by government and non-governmental organisations to create self-reliance and independency among HIV/AIDS affected households in developing countries. This study examined the impact of home gardening on the food security status of HIV/AIDS-affected households in the Mpophomeni Township KwaZulu-Natal Province. Data were collected using a structured questionnaire and focus group discussion from a purposive sample of 33 HIV/AIDS-affected households, 23 of which are participants of home gardening project and from key informants. The Household Food Insecurity Access Scale (HFIAS) was used to determine household food security status. The result revealed that about 4% of the HIV/AIDS affected households were food secure, 22% were mildly food insecure, 39% were moderately food insecure while 35% were severely food insecure. However, the result of the regression model shows that home gardening is statistically significant in enhancing household food security in the study area. Implication for policy were discussed.

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